

Looking for a day program that teaches skills and provides interaction within your community?

Our AIM Program (Ambition In Motion) uses a person-centered approach.

We provide transportation (if needed) with pick-up and drop-off at your door — or convenient location.



A 501(c)(3) not-for-profit organization established in 1987.

Services provided free to participants. Funding provided by OPWDD.

E-mail: CareersforPeople@aol.com

www.careersforpeoplewithdisabilities.org

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401 Columbus Avenue
Valhalla, NY 10595
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AIM - AMBITION IN MOTION
Day Habilitation Without Walls

Find your place in the world...

Develop new skills to participate, contribute, and become a valued member of your community.



Instructor Dave Duncan and one of our program participants, Doug, getting ready to explore the community in our program vehicle.



AIM - AMBITION IN MOTION

Every day is an adventure with a series of different activities:

- Learn office skills, such as mailings and document management
- Volunteer at the library, animal shelter and recreation center
- Bowling, basketball and other physical activities
- Life skills training, including shopping and meal preparation
- Community projects, including recycling and landscaping
- Develop skills that may lead to an internship and/or employment
- Gain independence, confidence and self-esteem from being an active participant in the community



Greg enjoys going to the library, bowling and shopping at the mall. He also works at the local movie theatre part-time, where he receives job coaching through our supported work program.



Doug plays the guitar and loves outings such as visiting The Guitar Center in Danbury, Connecticut.

Our AIM program runs Monday thru Friday between 8:00 am and 3:30 pm (except holidays).

This progressive day habilitation program without walls is tailored to meet your needs and interests. Join us each weekday or for a few days per week — whatever your schedule allows.

Each AIM group consists of three to four participants and a Community Instructor.

Why Join AIM?

- AIM can help bridge the gap from school to life as an adult in your community.
- We help cultivate the social skills necessary to succeed in every day activities.
- Our staff considers your interests and skills to find activities which will assist your progress toward independence.
- We utilize community resources to maximize your choices and skill development.
... and much, much more!



Participants volunteer in local businesses to practice workplace skills. We also started a recycling program and will be tending a garden at the Tilly Foster Farm.

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