



## AIM - AMBITION IN MOTION

**Every day is an adventure with a series of different activities:**

- Learn office skills, such as mailings and document management
- Volunteer at the library, animal shelter and recreation center
- Bowling, basketball and other physical activities
- Life skills training, including shopping and meal preparation
- Community projects, including recycling and landscaping
- Develop skills that may lead to an internship and/or employment
- Gain independence, confidence and self-esteem from being an active participant in the community



Greg enjoys going to the library, bowling and shopping at the mall. He also works at the local movie theatre part-time, where he receives job coaching through our supported work program.



Doug plays the guitar and loves outings such as visiting The Guitar Center in Danbury, Connecticut.

**Our AIM program runs Monday thru Friday between 8:00 am and 3:30 pm (except holidays).**

**This progressive day habilitation program without walls is tailored to meet your needs and interests. Join us each weekday or for a few days per week — whatever your schedule allows.**

**Each AIM group consists of three to four participants and a Community Instructor.**

## Why Join AIM?

- AIM can help bridge the gap from school to life as an adult in your community.
- We help cultivate the social skills necessary to succeed in every day activities.
- Our staff considers your interests and skills to find activities which will assist your progress toward independence.
- We utilize community resources to maximize your choices and skill development.  
... and much, much more!



Participants volunteer in local businesses to practice workplace skills. We also started a recycling program and will be tending a garden at the Tilly Foster Farm.

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