

Looking for a day program that teaches skills and provides interaction within your community?

**Our Ambition In Motion - AIM Program - uses a person-centered approach.**

**Most activities take place on the Iona College campus but a shuttle bus will also be used to attend activities in New Rochelle.**



Services provided free to participants.  
Funding provided by Iona College - Gaels Rice Program.

E-mail: [CareersforPeople@aol.com](mailto:CareersforPeople@aol.com)

[www.careersforpeoplewithdisabilities.org](http://www.careersforpeoplewithdisabilities.org)

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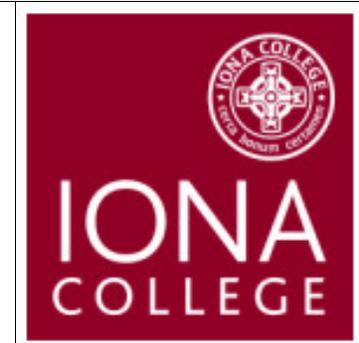
A 501(c)(3) not-for-profit organization  
established in 1987.



**AIM - AMBITION IN MOTION**  
Day Habilitation Without Walls

Find your place in the world...  
Develop new skills to participate, contribute, and become a valued member of your community.

In collaboration with the  
**GAELS RICE Program at**





## AIM - AMBITION IN MOTION

### Every day is an adventure with a series of different activities:

- Attend collegiate sporting events
- Volunteer at administrative offices, the library, and/or food services
- Participate at the Student Union including playing darts, billiards and ping pong
- Use college facilities including weight training, pool & courts
- Learn to utilize the Campus Wellness Center & Nutritional Counseling services
- Take the shuttle to New Rochelle
- Develop skills that may lead to an internship and/or employment
- Gain independence, confidence and self-esteem from being an active participant in the community



Steven enjoys going to the library, playing basketball and shopping at the mall. He also works at a local deli part-time, where he receives job coaching through our supported work program.



Doug loves to play the guitar. AIM outings are tailored to each client's interests and include visiting specialty shops in the area.

**The Iona College  
AIM program runs  
March 2 thru May 8  
Monday, Wednesday  
and Friday  
9:00 am and 2:00 pm  
(except holidays).**

**This progressive day  
habilitation program without  
walls is tailored to meet your  
needs and interests.**

**Each AIM group consists of  
three to five participants and  
a Community Instructor.**

### Why Join AIM?

- AIM can help bridge the gap from school to life as an adult in your community.
- We help cultivate the social skills necessary to succeed in every day activities.
- Our staff considers your interests and skills to find activities which will assist your progress toward independence.
- We utilize community resources to maximize your choices and skill development.  
... and much, much more!



Participants volunteer in local businesses to practice workplace skills. We also started a recycling program and tend a garden at a local farm.

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