

Looking for a day program that teaches skills and provides interaction within your community?



**CAREERS Support Solutions, Inc.**

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A 501(c)(3) not-for-profit organization established in 1987.

Services provided free to participants.

Funding provided by OPWDD.

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[www.CAREERSSupportSolutions.org](http://www.CAREERSSupportSolutions.org)

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**AMBITION IN MOTION - AIM**  
Day Habilitation Without Walls

Find your place in the world...

Develop new skills and be an active member of your community.



Participants volunteer in local businesses to learn workplace skills.

Our **AIM Program (Ambition In Motion) Focuses on YOU.**

**Transportation options available.**



We collect recyclables from local businesses weekly and take items to a recycling center to sort.



## AMBITION IN MOTION - AIM

### Every day is an adventure

- Acquire workplace and social skills
- Volunteer at the library, animal shelter, recreation center and more
- Play basketball, go bowling, hike, go to the gym and participate in other physical activities
- Learn life skills, including shopping and meal preparation
- Help with community projects like recycling and landscaping
- Gain independence, confidence and self-esteem from being active in the community
- Develop skills that may lead to an internship and/or employment



Learning computer skills at the Microsoft Store and volunteering to deliver meals for a local charity are a few of the fun activities participants enjoy regularly.

**Our AIM program runs  
Monday thru Friday  
between  
8:00 am and 3:30 pm  
(except holidays).**

**This progressive day habilitation program without walls is tailored to meet your needs and interests. Join us each weekday, or for a few days per week.**

**Each AIM group consists of three to five participants and a Community Instructor.**

**Transportation options available.**

### Why Join AIM?

- AIM can help bridge the gap from school to life as an adult in your community.
  - We help cultivate the social skills necessary to succeed in every day activities.
  - Our staff incorporates your interests and skills to plan activities that enhance your self-reliance and independence.
  - We utilize community resources to maximize your choices and skill development.
  - Experience gained can lead to internships and part-time employment — with ongoing support from CAREERS
- ... and much, much more!



Volunteering at a local food pantry is just one of the great ways to learn from, and support, the community.

Learning work skills can lead to Internships or part-time employment.

