

CAREERS 2019 Program Highlights

When Mary (pictured) first came to CAREERS, she had a mental health disorder that she struggled with for years. She was insecure in her abilities -- especially her workplace abilities. She worked as a cashier at a fast-paced retail store but quit because she could not keep up the pace. She attended our Workforce Readiness Job Club, where she gained the confidence she needed to get back into the workforce. Mary is now happy and successfully employed at Goodwill Industries. She works with customers, operates the cash register and all at a work pace that she can now handle. Learning important skills from our Job Club helped Mary become successful!



Workforce Readiness & Financial Education Job Clubs – For individuals like Mary, our personalized assistance is vital to our program participant's success. For several months, our staff worked with Mary on interview skills and building confidence in her abilities. Our highly trained staff taught her the job and soft skills she lacked so she could feel confident during the interview process. By working on interviewing techniques and potential questions, our staff prepared Mary for her interview with Goodwill Industries where she was hired and continues to work there today!

With our job readiness training, Mary secured a job that she really enjoys and our ongoing support has helped her stay focused and to succeed each day at work. **Mary is just one of 429 clients we provided services to in 2019.**

Our Job Clubs are classroom-style programs where we teach the skills needed to obtain employment and work successfully with employers and co-workers as well as develop financial proficiency. In 2019, **we taught 182 individuals in 93 Workforce Readiness classes, set up and attended 72 job interviews and placed 41 individuals in new jobs.**

High School Transition Program – Designed to reach students early in their job search, **we provided services to 221 students, and placed 63 in new jobs or internships.** Our Education and Employment Initiative provides job and soft skills training to students at school and local businesses and continues to expand to reach additional students and diverse employers, to help ease the transition from the classroom to the job site.

Ambition In Motion Program (AIM) – This unique program is for individuals not yet ready for traditional supported employment, who learn independent living, social and employment skills by enjoying activities and volunteering in the community. We have had great success with our newest group of young women in Putnam County and we are looking to add more groups in Westchester, Putnam and Dutchess Counties.

Mentoring Day – For eight years we have hosted Mentoring Day in collaboration with Westchester and Putnam County government offices. Individuals with disabilities spend the morning with a mentor for a hands-on work experience.



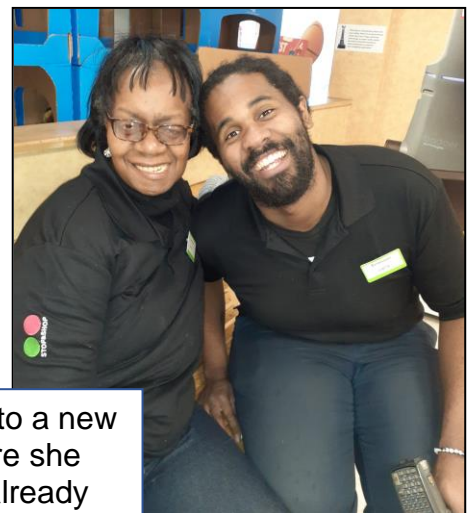
CAREERS clients and participants from other agencies, as well as local high school students, gain insights into the skills needed to be successful on the job, and mentors learn the value that these hard-working individuals can bring to the workplace.

On Course for College – Our professional staff help students transition from high school to higher education by assisting with admission, health and financial aid forms, registration and course selection, as well as personalized access to information including tutoring, student rights, accommodations and resources. We provide ongoing one-on-one social support and services tailored to the unique and changing needs of each student, including problem solving, coping skills and stress management.

This is just a sample of our 2019 accomplishments.
Please see our latest [newsletter](#) for more information.



Noah enjoys working in the bakery at a local ShopRite, where he specializes in decorating the cupcakes!



We helped Cynthia transfer to a new supermarket after the store she worked at closed. She is already making new friends and enjoying her new co-workers!



Jessica has been with CAREERS for 17 years! We started working with her at Hannaford in 2007 and helped her transition when it became Top's in 2016. Jessica said it was difficult when the store changed over because she had to learn so many things all over again. She remains grateful that her CAREERS Job Coach was there to help her every step of the way.